

MASSAGE

SWEDISH MASSAGE

For relaxation using long, slow, firm strokes to relieve, stress, and gentle stretching for body alignment

- **\$40.00 (30 minutes)**
- **\$55.00 (45 minutes)**
- **\$70.00 (60 minutes)**

DEEP TISSUE MASSAGE

Deep manipulation of inner and outer muscle fibers using a variety of techniques to remove knots, tension and stress

- **\$50.00 (30 minutes)**
- **\$65.00 (45 minutes)**
- **\$80.00 (60 minutes)**

PHOENIX MASSAGE

A combination of deep tissue in the problem areas and Swedish massage for the rest

- **\$45.00 (30 minutes)**
- **\$50.00 45 minutes**
- **\$75.00 (60 minutes)**

HOT ROCK MASSAGE

The ultimate luxury using heated flat lava rocks placed along spine and pressure points. The therapist will loosen tight muscles, reduce knots and ease tension using the heated rocks for pressure - **\$85.00 (60 minutes)**

AROMATHERAPY MASSAGE

A Swedish style relaxing massage using aromatherapy candles, infusions and oils to stimulate the senses for a variety of effects such as relaxation, well-being, mind clarity and stress reduction - **\$80.00**

NEUROMASCULAR MASSAGE

Relieve pain and improve posture with manual therapy. One of the most effective types of massage therapy for lower back pain. Also called trigger point myotherapy. The American Academy of Pain Management recognizes this form of massage therapy as an effective treatment for back pain caused by soft tissue injury (such as a muscle strain). Consists of alternating levels of concentrated pressure on the areas of muscle spasm.

- **\$50.00 (30 minutes)**
- **\$65.00 (45 minutes)**
- **\$80.00 (60 minutes)**

REIKI HEALING ENERGY TREATMENT

Reiki is a spiritual practice developed in 1922 by Japanese Buddhist Mikao Usui, which has since been adapted by various teachers of varying traditions. It uses a technique commonly called palm healing or hands-on-healing as a form of alternative medicine and is sometimes classified as oriental medicine by some professional medical bodies. Through the use of this technique, practitioners believe that they are transferring universal energy (i.e., reiki) in the form of qi (Japanese: ki) through the palms, which they believe allows for self-healing and a state of equilibrium.

- **\$40.00 (30 minutes)**
- **\$60.00 (45 minutes)**
- **\$80.00 (60 minutes)**

FOOT REFLEXOLOGY MASSAGE

Acupressure techniques applied to the soles, ankles and toes to improve circulation, release toxins and revive tired, overworked feet - **\$50.00 (30 minutes)**

BODY WRAPS

SIZE AND INCH LOSS BODY WRAP

Botanical plant extracts in an aloe gel base designed to remove salts, spices and fats from body cells, will compress the body. Measurable size loss is achieved in this treatment. - **\$65.00 (60 minutes)**

FIRMING SEAWEED BODYWRAP

Seaweed and aromatherapy oils blended to tighten, firm and moisturize sagging skin - **\$65.00 (60 minutes)**

CELLULITE GREEN COFFEE BODYWRAP

A special cellulite ampule is applied to your problem areas followed by a green coffee compound that tighten and firms and reduces the appearance of cellulite on the body- **\$70.00**

DESERT HEAT REMINERALIZING BODY WRAP

Incorporates essential minerals into a heated clay mixture for achy knees, elbows, wrists and joints to demineralize your body - **\$65.00 (60 minutes)**

ANTI-STRESS, MOOR, MUD BODY WRAP

1000 plants and extracts that detoxify and alleviate swelling and body aches and pain- **\$65.00 (60 minutes)**

SALT GLOW A BODY BUFF AND POLISH

To remove dead skin cells then and alpha hydroxyl moisturizer is applied - **\$50.00 (30 minutes)**

FACIALS

Now offering Microcurrent Facials and LED Light Therapy

Specialty Skin Light Therapy

Amazing for anti-aging skin, recovering acne-prone skin, removing free radicals and rejuvenating stressed skin

Call for details!

DEEP CLEANSING FACIAL (60 minutes)

Includes basic facial treatment plus extractions and special eye and neck masks, to refresh, hydrate and purify your skin. - **\$70.00**

EXFOLIATING FACIAL + LED LIGHT THERAPY (75 minutes)

Mini cleansing facial with an amazing anti-aging photo light therapy. - **\$95.00**

BACK FACIAL

Cleanse, exfoliate, and steam massage, extractions, mask treatment and oil free moisturizer for that hard to reach area. When was the last time you had one? - **\$60.00**

GLYCOLIC FACIAL

This treatment will improve and even out skin tone, deep clean pores, control acne & brighten skin, leaving it very smooth, polished and looking younger. - **\$85.00**

GLYCOLIC TREATMENTS

A series of 6 treatments 1 to 2 weeks apart - **\$45.00 each**

MICROCURRENT FACIAL

Electric current stimulates retraining of facial muscles and gives the effect of a mini facelift without a surgery. Helps reverse fine lines, wrinkles and sagging skin. - **\$85**

MICROCURRENT TREATMENTS

A series of 12 treatments, 1 to 2 weeks apart - **\$70 each**

MICRODERMABRASION FACIAL

Full deep cleansing facial with a manual exfoliation treatment, removing surface dead skin layers, lumps and bumps. Helps reverse, fine lines, scars, acne, sunspots, etc. - **\$85.00**

MICRODERM TREATMENTS

A series of 6 treatments, 1 to 2 weeks apart - **\$55.00 each**

HEAVENLY SPA FACIALS (60-90 minutes)

With customized mask treatments oxygenating facial - **\$75.00**

Vitamin C plus sea double mask facial - **\$85.00**

Four layer double masks facial - **\$85.00**

Rosacea facial - **\$75.00**

Botox firming facial - **\$75.00**

Acne/problem skin facial (includes take home kit) - **\$90.00**

Add any concentrated ampules or freeze dried mask, vitamin C, collagen, elastin, or hyaluronic acid using high frequency or galvanic current additional - **\$20.00 each**

BASIC (no extractions / 50 minutes)

Cleanse, tone, steam, massage and mask treatment for your skin type with hand and foot treatment. Leaving you relaxed and refreshed. - **\$60.00**

PERMANENT MAKE-UP

\$250

- EYEBROWS

- EYELINERS

- LIP LINERS

\$200

- TOUCH UPS

WAXING

(Men & Women)

EYEBROWS - \$14.00

LIP, CHIN OR SIDEBURNS - \$10.00

UNDERARMS - \$18.00

ARMS - \$30.00

BIKINI - \$30.00 – 50.00

BRAZILIAN - \$60.00

HALF LEG - \$30.00

FULL LEG - \$50.00

BACK AND SHOULDERS OR CHEST - \$45.00 – \$60.00

PEDICURES

1 Hour REFLEXOLOGY PEDICURE - \$50.00

75 Minute REFLEXOLOGY PEDICURE

With 20 minutes of pressure point foot reflexology massage - \$75.00